



# City of Carlsbad Parks & Recreation *Safety Training*

AMERICAN RED CROSS

## WATER SAFETY INSTRUCTOR COURSE

**As a Water Safety Instructor (WSI), you can:**

- Teach skills that may save a life
- Gain terrific work experience as an aquatics professional
- Earn money or join a volunteer team while you help people learn valuable skills
- Learn organizational and presentation skills that will help you in any career

This course provides training in how to teach swimming and a variety of related aquatic skills. Emphasis is on class organization. Course length is 30 hours.

**Prerequisites:** Must be age 16 or older by the end of the class, possess current F.I.T. certificate or instructor authorization and successfully complete the Pre-Course Session.

**Pre-Course Session includes:** 25 meter demonstration of back crawl, front crawl, sidestroke, breaststroke, elementary backstroke, butterfly (15 meters) at level 4 skill or above; tread water 1 minute and maintain position on back for 1 minute in deep water.

**Fee:** \$220 with a \$20 discount for Carlsbad residents.

### Schedule:

Saturday, 2/25/12	10 a.m. - 12 p.m.	PRE-COURSE SESSION
Tuesday, 2/28/12	6 p.m. - 9 p.m.	
Thursday, 3/1/12	6 p.m. - 9 p.m.	
Saturday, 3/3/12	9:15 a.m. - 12:30 p.m.	
Sunday, 3/4/12	2 - 5:15 p.m.	
Tuesday, 3/6/12	6 - 9:15 p.m.	
Thursday, 3/8/12	6 - 9:15 p.m.	
Saturday, 3/10/12	9:15 a.m. - 12:30 p.m.	
Sunday, 3/11/12	2 - 5:15 p.m.	
Tuesday, 3/13/12	6 - 9:15 p.m.	
Thursday, 3/15/12	6 - 9:15 p.m.	
Saturday, 3/17/12	9:15 a.m. - 12:30 p.m.	
Saturday, 3/17/12	1:30 - 4:30 p.m.	

*Don't miss this program - sign up today!*

Monroe Street Pool • 3401 Monroe St., Carlsbad, CA 92008  
TEL 760-602-4685 • WEB [www.carlsbadca.gov/parksandrec](http://www.carlsbadca.gov/parksandrec)

